

continental

FROM THE BAKERY // 110

croissants and pain au chocolate, freshly baked muffin, jam, butter, cheddar

FRUIT AND YOGHURT // 115

seasonal fruit, yoghurt of choice, honey drizzle, toasted almonds

MILK & CEREAL // 95

please select from- Weet-bix, Cornflakes, Rice Krispies, All-bran flakes, muesli choice of milk

add seasonal fruit R30

CHARCUTERIE BOARD // 195

selection of cold cuts, pickles, mustards, caperberries, flatbread

CHEESE BOARD // 155

selection of local cheeses, preserves, pickles, flatbread

GRANOLA BOWL // 95

home-made seed granola, fruit or plain yoghurt, seasonal fruit, honey

OYSTERS // **95**

Two west coast oysters, served with lemon, tabasco

PEANUT BUTTER SMOOTHIE // 95

almond milk, banana, peanut butter, chia seeds, honey

BERRY SMOOTHIE // 95

mixed berries, yoghurt, honey, fruit juice

GREEN WELLNESS SMOOTHIE // 135

cucumber, spinach, green apple, apple juice, mint, honey

COCONUT BLISS SMOOTHIE // 110

coconut cream, pineapple, honey, lime

hot breakfast

Served with choice of toast, white, brown, rye, or sourdough

BENEDICT // 145

english muffin, hickory ham, rocket, poached eggs, hollandaise

ROYAL // 175

english muffin, smoked salmon, poached eggs, hollandaise

FLORENTINE // **135**

english muffin, baby spinach, poached eggs, hollandaise

FULL ENGLISH // 155

eggs, sausage of choice, bacon, mushrooms, slow roasted tomato, bean cassoulet

SALMON SCRAMBLED // 175

smoked salmon, cheese and chives, baby spinach, served on rye bread

AVOCADO TOAST // 155

poached eggs, bacon, smashed avocado, chilli flakes, served on bread of choice

OMELETTE // **120**

three-egg omelette-choice of cheddar, tomato, onion, ham

VEGAN OMELETTE // 135

vegan cheese, turmeric, chick pea flour, beans, tomato

WARM OATS // 85

cinnamon, pecan nuts, seasonal fruit, drizzle of honey

SPICY LIVER & ONION // 145

chicken livers in spicy tomato relish, caramelised onions, poached egg, choice of toast

POACHED EGG BOWL // 135

shakshuka sauce, lamb sausage, chilli flakes, feta

BREAKFAST TRAMEZZINI // 145

bacon and cheddar filled, topped with avocado rocket and a fried egg

CLASSIC CLUB SANDWICH // 165

choice of white or brown, Grilled chicken thigh, fried egg, bacon, lettuce, tomato, mayonnaise, fries

WAFFLES // 135

berry compote, maple syrup, Chantilly cream

^{*}The room rate includes one hot and cold beverage, water, one item from the continental selection, and one item from the hot selection. Any additional items will incur an extra charge, and substitutions are not permitted.

hot drinks

CAPPUCCINO // 55

AMERICANO // 50

FLAT WHITE // 55

CAFÉ LATTE // 55

CORTADO // **50**

ESPRESSO //

Single // R45 /// Double // R48

HOT CHOCOLATE // 65

RED CAPPUCCINO // 60

CHAI LATTE // **55**

teas // 45

GINGER

ENGLISH BREAKFAST

GREEN

EARL GREY

CHAMOMILE

ROOIBOS

MILK ALTERNATIVES

Soy // R15 Oat // R15 Almond // R20

EXTRAS

Avocado // R45

Egg // R25

Bacon // R25

Mushrooms // R25

Grilled Tomato // R15

Extra sausage of choice // R45

Beans // R20

Cheddar cheese // R25

Smoked salmon // R85

juices // 70

APPLE

MANGO

CRANBERRY

FRESHLY SQUEEZED ORANGE JUICE



A whole lot of information in one little square

^{*} Consuming raw or under cooked meat, poultry, seafood, shellfish may increase your risk of food borne illness, especially in the case of certain medical conditions and pregnancies.